



APPROVED BY the Management Board of the
World Street Workout & Calisthenics Federation
on October 6, 2024, in Riga, Latvia

STREET WORKOUT AND CALISTHENICS FREESTYLE, POWER AND STRENGTH OFFICIAL REGULATIONS FOR ORGANIZING, QUALIFICATION, WEIGHT AND AGE CATEGORIES (World Championship and National Championship)

- The following regulations (“**Regulations**”) of the Street Workout and Calisthenics Freestyle, Power and Strength have been developed by the World Street Workout And Calisthenics Federation (“**Federation**”) in cooperation with its member organizations.
- These regulations cover general organizing, qualification, weighting and participation rules.
- **These regulations do not cover competition rules for disciplines. Competition rules can be found in a separate document of the Federation on our website www.wswcf.org under the section “General Regulations”.**
- These Regulations are addressed to the organizations and persons responsible for the organization of Street Workout And Calisthenics Freestyle, Power and Strength competitions internationally and on a national level (“**Organizers**”) and athletes participating (“**Participants**”) in these competitions.
- These regulations do not apply to World Cup stages and World Cup superfinals in Freestyle, Power and Strength, as these competitions have separate rules and regulations.
- These regulations are an intellectual property object of the Federation. Any illegal copy or use of authorship or reproduction of these regulations may result in legal proceedings against the breaching person.

[1] DATES, VENUE AND OPENING OF REGISTRATION

- World Championship shall take place **April 24-27 2025 in SOFIA, BULGARIA.**
Day 1 - 24.04. (General Assembly (1st part of the day), Arrival of delegations, registration, weighting of athletes, briefing with staff and team)
Day 2 - 25.04. (Freestyle qualifications, official opening ceremony)
Day 3 - 26.04. (Strength and power qualifications)
Day 4 - 27.04. (Power, Strength and Freestyle finals, official graduation and closing ceremony)
- Detailed daily schedule **[to be updated]**:

*Precise schedule of each day shall be published **not later than [to be updated]**.

**National Championships may change the day count according to their own timing and amount of participants.

- Competition of the World Championship area in SOFIA to be announced until 30.11.2025.
- To duly qualify for the World Championship, a Country has to organize the WSWCF street workout & calisthenics National Championship (“National Championship”) of the Country in a live or online format. If there is no possibility to organize National Championship, the Federation’s member organization can appoint athletes representing their country, by informing the Federation in prior.

• **Opening of accreditation applications – 1st of November 2024**

• **Closing of accreditation applications – 28th of February 2025**

• Link to registration platform is here: **[to be updated]**

*Only in exceptional cases registration date may be prolonged after receiving objective request from athletes/organizations.

• **If there is no possibility to organize National Championship, the Federation’s member organization can appoint athletes representing their country, by informing the Federation in prior to e-mail: office@swwcf.org**

[2] COORDINATION OF THE WORLD AND NATIONAL CHAMPIONSHIPS, PARTICIPATION FEES AND REGISTRATION

WORLD CHAMPIONSHIP COORDINATOR:

General Director of the Federation Mr Bahador Razaghi

E-mail: office@swwcf.org

WhatsApp: +989122387644

Instagram: [@bahidor](https://www.instagram.com/bahidor)

NATIONAL CHAMPIONSHIP COORDINATOR:

National Championship coordinators in every particular Country are official member organization(s) of the Federation in that Country according to the list of members on the Federation’s official website.

PARTICIPATION FEE

The participation fee in World Championship is **EUR 100,00 (one hundred euros)** for each participant.

Payment Instructions (Bank transfer):

Beneficiary

WORLD STREET WORKOUT AND CALISTHENICS FEDERATION
DAMBJU 2, BRĪVKALNI, LV-2107, LATVIJA

Name and address of the bank

AS Citadele banka
Republikas laukums 2A Riga,
LV-1010, Latvia

Account Number (IBAN)

LV97PARX0023654410002

SWIFT Code or BIC

PARXLV22

Payment Details (please write them in for the payment)

Participation fee in the World Championship 2025, [name, surname, category] for non-profit organization

Additional currencies for direct payments without exchange:

CAD (Canadian Dollar)

USD (US Dollar)

GBP (Great British Pound)

SEK (Swedish Krona)

EUR (Euro)

*in case you have one of above mentioned currencies, please execute the transfer in one of them

*PLEASE NOTE THAT BANKING COMMISSIONS CANNOT BE SPLIT (DIVIDED) BETWEEN THE PAYEE AND THE BENEFICIARY. PAYEE IS RESPONSIBLE FOR BANKING COMMISSIONS AND MUST INDICATE IN THEIR BANK THAT THE COMMISSION IS PAID BY THE PAYEE 100%.

*In case it is not possible from your country to transfer the Participation fee through banking wire transfer, you may pay the participation fee with exception only during the registration. In exchange the Federation shall issue to you an official exchange document for your payment. In such cases please contact the World Championship Coordinator.

The participation fee shall be paid no later than **until 28th of February 2025.**

Participation fee includes:

- Participation in the World Championship;
 - Package for each athlete and accreditation card.
- *Flight costs, hotel, visa costs and other costs shall be covered by the member organization (country) the participant is representing.**

REGISTRATION FOR THE WORLD CHAMPIONSHIP

Link to registration platform is here: [\[to be updated\]](#)

OFFICIAL HOSTING PARTNERS

SPF STREET SPORTS CLUB, Sofia Municipality, Bulgaria Ministry of youth and sport, Bulgarian Gymnastics Federation and Foundation “Sofia-European Capital of Sport”

OFFICIAL HOTEL PARTNER

[\[to be updated\]](#)

[3] GENERAL TERMS OF NATIONAL CHAMPIONSHIPS

- The National Championship of a Country must be organized as a live competition with athletes being present and competing against each other face-to-face.
- Organizers of a National Championship have to give equal opportunity of applying for participation in the competition to all athletes of the particular Country.
- Only in an exceptional case and subject to receipt of prior consent from the Federation, if it is not possible to organize a live competition due to financial, geographical or other serious reasons or obstacles, National Championship of the Country may be organized as an online competition or Federation’s member organization can appoint athletes representing their country.

[4] WORLD CHAMPIONSHIP FORMAT AND STATUS

- World Championship will be organized as a live three-day (excluding registration day)

- competition with athletes being present and competing against each other face-to-face.
- Each Participant of the World Championship shall be officially representing his country, i.e., the Country that organized the National Championship in which the particular Participant qualified for the World Championship. Neutral athletes (without country flag or country name shall represent only themselves).

- All Participants will be treated on equal terms, respecting their nationality, race and religion to the extent practically possible.
- The winner of the World Championship will obtain the title of “Street Workout/Calisthenics Freestyle / Power / Strength World Champion” in a particular discipline and category of that particular championship year.
- In Freestyle, the winner of absolute category receives the title “Street Workout/Calisthenics Freestyle / Power / Strength World Champion” in the absolute category and will be determined by counting the highest points in all weight categories together. That also means that the absolute category winner will also be the winner of any of the three weight categories.

[5] GENERAL TRAVEL, VISAS, HEALTH AND INSURANCE REQUIREMENTS FOR THE PARTICIPANTS

- Each Participant must have valid health insurance (personally paid for or financed by a sponsor/supporter, etc.).
- Each Participant must take full responsibility for his health conditions and is personally liable for his actions and their possible consequences during both competition and free time.
- The Participants must have legal rights to travel and enter the World Championship country, if they qualify for the World Championship. Participants who are less than 18 years old must be accompanied by at least 1 (one) adult companion that is at least 18 years old.
- The Participants must have at least basic knowledge of the English language to be able to communicate with the Organizers. In case Participants do not possess the English language, they are responsible to provide a translator in order to communicate with Organizers.
- If the Participant qualifies for participation in the World Championship, but for any personal reason is unable to arrive at the competition venue, his participation will be annulled and, if still practically possible, the vacant place offered to the next Participant.
- In case of any anticipated absence (whether planned or unplanned) the particular Participant must notify the Federation and the Organizer of the relevant National Championship as soon as reasonably possible, but not later than until the registration closure day.
- **NO REFUND OF THE PARTICIPATION FEE.** In case of any absence of the particular Participant or withdrawal from the competition after registration and payment of the Participation fee, the Federation shall in no case refund the Participation fee. There are no exceptions to this rule.
- If a Participant has obtained travel and/or accommodation support from the Federation and has not traveled to World Championship (and has not informed the Federation about this until the registration closure day), the Participant has to fully refund the lost travel

and/or accommodation costs within one month or the Participant will be disqualified from any of the competitions under Federations name for the period of five (5) years.

VISAS

[to be updated]

[6] QUALIFICATION CRITERIA FOR THE WORLD CHAMPIONSHIP AND REQUIREMENTS FOR THE NUMBER OF PARTICIPANTS

Qualification to World Championship for National Championship participants

In each Country, the following Participants will obtain the right to participate in the World Championship (“Selected Participants”), duly qualified from the National Championship: Two (2) male and two (2) female Participants separately in each weight category (1st and 2nd place).

Qualification from 2023 World Championship award winners

Athletes, who have obtained 1st (first), 2nd (second) or 3rd (place) in the World Championship in the previous year, are automatically qualified for the World Championship.

Qualification from accredited international competitions (Green Card)

1st and 2nd place winners of the following Federation’s accredited (certified) competitions shall qualify automatically for the World Championship:

- Annual **CALISTENIA GAMES** in Brazil;
- Annual **RAMPAGE** competition in Argentina.
- Annual **GUATEMALA REGIONAL GAMES** competition.

THE FEDERATION AND THE ORGANIZERS OF NATIONAL CHAMPIONSHIPS ARE NOT LIABLE FOR ANY SELECTED PARTICIPANT’S INABILITY TO TRAVEL TO THE WORLD CHAMPIONSHIP COMPETITION VENUE. IN CASE ANY SELECTED PARTICIPANT FROM ANY COUNTRY DOES NOT HAVE THE POSSIBILITY TO TRAVEL, OBTAIN A VISA (IF APPLICABLE), ENSURE THE REQUIRED INSURANCE, OR HAS ANY OTHER REASON PREVENTING HIM FROM PARTICIPATION, THE RIGHT TO PARTICIPATE IN THE WORLD CHAMPIONSHIP PASSES ON TO THE PARTICIPANT WITH THE NEXT HIGHEST SCORE AFTER THE SELECTED

PARTICIPANT ACCORDING TO THE FINAL RANKINGS IN ANY OF THE COMPETITIONS SUBJECT TO QUALIFICATION.

[7] WEIGHT CATEGORIES

Freestyle weight categories

Male categories

- Lightweight category: Under 68 kg.
- Middleweight category: From 68 kg to 80 kg.
- Heavyweight category: Above 80 kg.
- **Veteran category (see below Age Groups):** without separation into weight categories.

Female categories

- Lightweight category: Under 50 kg.
- Middleweight category: From 50 kg to 60 kg.
- Heavyweight category: Above 60 kg.
- **Veteran category (see below Age Groups):** without separation into weight categories.

Power categories

Male categories

- Lightweight category: Under 80 kg.
- Middleweight category: Above 80 kg.
- Heavyweight category: Above 90 kg.
- **Veteran category (see below Age Groups):** without separation into weight categories.

Female categories

- Absolute category: without separation into additional weight categories.
- **Veteran category (see below Age Groups):** without separation into additional weight categories.

Strength categories

Male categories

- Lightweight category: Under 80 kg.
- Middleweight category: Above 80 kg.
- Heavyweight category: Above 90 kg.
- **Veteran category (see below Age Groups):** without separation into weight categories.

Female categories

- Absolute category: without separation into additional weight categories.
- **Veteran category (see below Age Groups):** without separation into additional weight categories.

GENERAL RULES FOR WEIGHT CATEGORIES IN ALL DISCIPLINES:

- Each of the three weight categories is approved for individual competition and title if the category collects 6 or more Participants. If the number of Participants in the lightweight category is less than 6 Participants, then all lightweight Participants are transferred to the middleweight category. If the number of middleweight category Participants is less than 6 Participants, then all middleweight category Participants are transferred to the lightweight category. If the number of heavyweight category Participants is less than 6 Participants, all heavyweight Participants are transferred to the middleweight category.
- **The weighing procedure is done during the registration for the competition of every athlete before the competition.**
- There are no special requirements for athletes during the weighing procedure, however, athletes may weigh in only once, and a second chance is not allowed.

[8] AGE GROUPS AND VETERANS

- All participants: 18+ years old until 30/35+ years old (see below 30/35+ for veterans);
*athletes who are under 18 years, shall provide a valid confirmation from their doctor, allowing them to participate in the competition, as well as shall have a companion, who is at least 18 years old.
- Veterans:
Freestyle 30+ years old;
Power&Strength 35+ years old.

!!! BEFORE REGISTERING IN THE REGISTRATION FORM, VETERANS MUST BEFOREHAND SEND AN EMAIL TO office@wswcf.org with a link to a video not longer than 2 minutes, where the VETERAN shows his skills in the discipline that he wants to register in the registration form. Once reviewed by the Federation, the Federation shall send an email reply with confirmation/rejection to that Participant as soon as possible. In case the Participant has been approved, the Federation will ask him to register on the platform.

[9] COMPETITION VENUE, WARMUP ZONE, SPECTATORS ' ZONE

[To be updated]

ANYONE BREACHING THE ABOVE-MENTIONED ENTRANCE RULES SHALL BE REQUESTED TO LEAVE THE COMPETITION VENUE WITH THE ASSISTANCE OF SECURITY OR STATE POLICE UNTIL FURTHER NOTICE.

OTHER PERSONS ENTERING THE WORLD CHAMPIONSHIP VENUE

- The Federation is entitled to invite at its request special guests and representatives of the member organizations in addition to the Participants.
- The program of the World Championship is intended only for the Participants and the special guests invited by the Federation.
- If any Participant brings along to the World Championship any other person (coach, family member, relative, parent, child, friend, etc.) (“Other Persons”), such Other Persons shall be responsible for covering all costs of such (travel, accommodation, catering, entertainment, etc.).

[10] MODIFICATIONS OF THESE REGULATIONS

The Federation is entitled to modify or supplement the above-stated specific terms regarding the World Championship, if, in the reasonable opinion of the Federation, it becomes necessary or useful based on the observations and experience of the Federation.

On behalf of World Street Workout & Calisthenics Federation President and Chairman of the Management Board Rolands Kikors